



Lunch Rapide Menu

£7.95 includes a FREE drink

Choose one of the following mains and a drink

Mains

**Spicy meatballs in a tomato sauce with linguini
and shaved parmesan**

Pumpkin risotto with feta cheese and sage (v)

**Grilled mackerel fillet with French beans,
a poached egg and hollandaise sauce**

**Roasted pepper and mozzarella crostini
with a mixed leaf salad (v)**

Drinks

Tea or coffee

Chevalier de la tour white or red wine 175ml glass

Becks beer 275ml bottle

soft drinks

Available Monday - Friday 12 noon - 4pm



Mediterranean food, freshly prepared



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Mains

Homemade Fish Pie
with salmon, cod, seafood and fresh garden peas
topped with mashed potato

Char-grilled chicken, brie and rocket salad
with aged balsamic reduction

Penne Pasta with a roasted red pepper and goat's cheese sauce (v)

**Cumberland sausages with mashed potato, caramelised red onions
and a red wine jus**

Drinks

Tea or coffee

Chevalier de la tour white or red wine 175ml glass

Becks beer 275ml bottle

soft drinks

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RESTAURANT • CAFE • BAR

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